SINCLÈTICA MONASTIC SCHOOL
KNOWLEDGE,ARTS&INTERIORITY

KNOW THYSELF

September 30th / October 1 / October 9-11, 2026

Sinclètica Monastic School gives you access to the learning experience of our innovative Program in a weekend module

Program Coordinator:
Sr. Teresa Forcades, OSB

Monestir de Sant Benet de Montserrat (Catalonia)
www.sincletica.cat

THE TOPIC FOR THE THEMATIC BLOCK IN OCTOBER 2026 IS KNOW THYSELF

- A team of eight international professors will be sharing Eight **Pearls** on KNOW THYSELF from the perspective of Science, Politics, Philosophy, Literature, Bible, Fine Arts, Theology and Music. **Pearls** are scientific, literary, artistic or musical works, theological writings or biblical passages that the subjectivity of each professor finds particularly helpful or illuminating.

- **Monastic wisdom has always known that experience and knowledge cannot be separated.** A key element of our program is that the professors will share with the students not only their expertise on the subject, but also their personal link to it.

- The lectures can be attended on-site at the Monastery of Montserrat or on-line. Registering on-line gives access to the live streaming of the lectures and also to the edited videos for later viewing; during the streaming, on-line participants will be able to interact with the professors and with the on-site students via Zoom platform.

- The lectures are in English. Videos of the lectures are accessible to all students during 30 days, starting on the day of the lectures. Two weeks after the lectures, fully reviewed subtitles in English, Catalan and Spanish are made available.

The fee for a weekend is 160€ on site / 210€ on-line
Interested please write to the Registrar's Office:
coordinator@sincletica.cat

KNOW THYSELF

SINCLÈTICA MONASTIC SCHOOL
KNOWLEDGE,ARTS&INTERIORITY

WEDNESDAY 30 - only online

19:30 ANTICIPATION

19:45 PHILOSOPHY

Diaries and Letters, by Etty Hillesum (1941-43)

SILVIA RICHTER (FRANKFURT AM MAIN)

20:30 *silence*

20:35 DIALOGUE WITH PROF. RICHTER

21:00 CLOSURE

THURSDAY 1 - only online

19:30 ANTICIPATION

19:45 BIBLE

'Do not think of yourself more highly than you ought to think, but think with sober judgment.' — Romans 12:3

MOISÉS MAYORDOMO (BASEL)

20:30 *silence*

20:35 DIALOGUE WITH PROF. MAYORDOMO

21:00 CLOSURE

KNOW THYSELF

SINCLÈTICA MONASTIC SCHOOL
KNOWLEDGE,ARTS&INTERIORITY

FRIDAY 9

18:00 OPENING PRAYER / ANTICIPATION

18:45 SCIENCE

'Promenade sous la Peau', by J-C Guimberteau (2005)

TERESA FORCADES (MONTSERRAT)

19:30 *silence and supper*

20:30 SMALL GROUPS / DIALOGUE WITH PROF. FORCADES

21:30 CLOSURE

SATURDAY 10

9:00 MORNING PRAYER / ANTICIPATION

9:45 POLITICS

The Artemis II project (April 1–11, 2026)

ULRIKE ERNST-AUGA (BERLIN)

10:30 *silence*

10:50 SMALL GROUPS / DIALOGUE WITH PROF. ERNST-AUGA

12:00 ANTICIPATION

12:15 THEOLOGY

The Adhan – Call to Prayer

FARAH ZEB (LONDON)

13:00 *silence and lunch*

14:30 SMALL GROUPS / DIALOGUE WITH PROF. ZEB

15:40 ANTICIPATION

15:55 FINE ARTS

'Beirut:Tayouné District', by Sophie Ristelhueber (1984)

ELISAVETA ERNST (BERLIN)

16:40 *silence*

17:00 SMALL GROUPS / DIALOGUE WITH PROF. ERNST

18:00 PERSONAL WORK: MY PEARLS UNTIL NOW

18:30 CLOSURE

KNOW THYSELF

SINCLÈTICA MONASTIC SCHOOL
KNOWLEDGE,ARTS&INTERIORITY

SUNDAY 11

8:45 ANTICIPATION
9:00 MUSIC
'What Are You Doing The Rest Of Your Life?',
by Carmen McRae (vocals) & Joe Passadena (guitar) (1972)
EULÀLIA FANTOVA (BARCELONA)
9:45 *silence*
10:00 SMALL GROUPS / DIALOGUE WITH PROF. FANTOVA

11:10 ANTICIPATION
11:25 LITERATURE
'Borges and I', Jorge Luis Borges (1960)
'Every pebble on the pebble bed', by Jordi Sarsanedas (2001)
CARLES TORNER (BARCELONA)
12:10 *silence*
12:25 SMALL GROUPS AND DIALOGUE WITH PROF. TORNER

13:30 *lunch & mountain walk*

15:30 PERSONAL WORK: MY PEARLS FROM THE WEEKEND
16:00 FINAL DIALOGUE
17:00 CLOSURE

Optional daily PRAYER with the monastic community:
7:30 *lauds* / **11:00** *eucharist (reservation needed)*
12:00 *Salve and Virolai sung by l'escolania choir (only Sundays)*
18:45 *vespers* / **19:30** *eucharist (only Saturdays)*

Sincletica
escola monàstica

Monestir de St. Benet de Montserrat