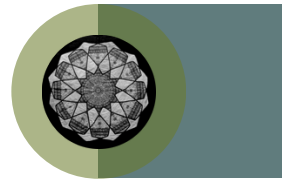




SINCLÈTICA MONASTIC SCHOOL  
KNOWLEDGE, ARTS & INTERIORITY

# JOY



*February 3 & 16-18, 2024*

Sinclètica Monastic School gives you access  
to the learning experience of our innovative  
Program in a weekend module

Program Coordinator:  
Sr. Teresa Forcades, OSB

Monestir de Sant Benet de Montserrat (Catalonia)  
[www.sincletica.cat](http://www.sincletica.cat)



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# THE TOPIC FOR THE THEMATIC UNIT IN FEBRUARY 2024 IS JOY

- A team of eight international professors will be sharing Eight Pearls on JOY from the perspective of Science, Politics, Philosophy, Literature, Bible, Fine Arts, Theology and Music. Pearls are scientific, literary, artistic or musical works, theological writings or biblical passages that the subjectivity of each professor finds particularly helpful or illuminating.
- Monastic wisdom has always known that experience and knowledge cannot be separated. A key element of our program is that the professors will share with the students not only their expertise on the subject, but also their personal link to it.
- The lectures can be attended on-site at Villa Engràcia (next to the medieval Monastery of Poblet: [villaengracia.com](http://villaengracia.com)) or on-line. Registering on-line gives access to the live streaming of the lectures and also to the edited videos for later viewing; during the streaming, on-line participants will be able to interact with the professors and with the on-site students via Zoom platform.
- The lectures are in English. Videos of the lectures are accessible to all students during 30 days, starting on the day of the lectures. Two weeks after the lectures, fully reviewed subtitles in English, Catalan and Spanish are made available.

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The fee for a weekend is 150€  
Interested please write to the Registrar's Office:  
[registrar@sincletica.cat](mailto:registrar@sincletica.cat)

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\* \* \* **EXCEPTIONALLY, THIS SESSION WILL BE  
RECORDED AND UPLOADED ON CAMPUS  
LITERATURE**

*“Levis exsurgit”, author unknown (11th century).*

LUIS GIRÓN NEGRÓN (CAMBRIDGE, USA)

## **SATURDAY 3 (ON-LINE)**

16:15 PROTOCOL & ANTICIPATION

16:30 **POLITICS**

*Joy as a life of dialogue, by Martin Buber (20th century).*

STANKO PERICA (ZAGREB)

17:15 *Silence*

17:30 SMALL GROUPS / DIALOGUE WITH PROF. PERICA

18:30 CLOSURE

18:45 *Prayer of Vespers (live streaming from St. Benet)*



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## FRIDAY 16

- 18:00 OPENING PRAYER / PROTOCOL & ANTICIPATION  
18:45 **BIBLE**  
*Non-binary genders in ancient texts (1st-3rd century).*  
SILKE PETERSEN (HAMBURG)  
19:30 *Silence*  
19:45 SMALL GROUPS / DIALOGUE WITH PROF. PETERSEN  
20:45 CLOSURE

## SATURDAY 17

- 9:30 MORNING PRAYER / PROTOCOL & ANTICIPATION  
10:15 **THEOLOGY**  
*“Let Thy love move my soul to ultimate joy” by Hazrat Inayat Khan  
– Nature Meditations – (1921).*  
FARAH ZEB (LONDON)  
11:00 *Silence*  
11:20 SMALL GROUPS / DIALOGUE WITH PROF. ZEB  
12:20 *Chi-kung exercises and lunch*  
14:00 PROTOCOL & ANTICIPATION  
14:15 **PHILOSOPHY**  
*Rachel Bespaloff. In search of joy... (20th century).*  
CRISTINA GUARNIERI (ROME)  
15:00 *Silence*  
15:20 SMALL GROUPS / DIALOGUE WITH PROF. GUARNIERI  
16:30 PROTOCOL & ANTICIPATION  
16:45 **FINE ARTS**  
*Matrix / Teshima Art Museum, by Rei Nait & Ryue Nishizawa (2010).*  
JO MILNE (BARCELONA)  
17:30 *Silence*  
17:50 SMALL GROUPS / DIALOGUE WITH PROF. MILNE  
19:00 CLOSURE



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## SUNDAY 18

9:30 PROTOCOL & ANTICIPATION

9:45 **SCIENCE**

*The Joy of Water. Knowledge of the guardians of Lake Atitlán  
(Guatemala, 2023).*

GEMMA CELIGUETA (BARCELONA)

10:30 *Silence*

10:50 SMALL GROUPS / DIALOGUE WITH PROF. CELIGUETA

11:50 *Chi-kung exercises or Eucharist / Lunch*

13:45 PROTOCOL & ANTICIPATION

14:00 **MUSIC**

*From joy to joy -with Mozart, Bach and gospel (18th-20th century).*

ORIOL ROMANÍ (BARCELONA)

14:45 *Silence*

15:05 SMALL GROUPS AND DIALOGUE WITH PROF. ROMANÍ

16:15 PERSONAL WORK: MY PEARLS FROM THE WEEKEND

17:00 FINAL DIALOGUE

*Optional daily prayer with the monastic community:*

*5:15 matins / 7:00 or 7:30 lauds*

*8:00 or 12:00 eucharist*

*18:45 vespers / 20:30 compline*