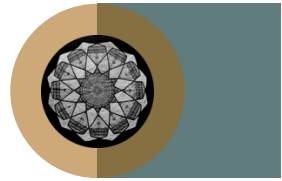




SINCLÈTICA MASTER'S PROGRAM
KNOWLEDGE & INTERIORITY
ART - SCIENCE

HUMILITY



January 20-22, 2023

Program Coordinator:
Sr. Teresa Forcades, OSB
Monestir de Sant Benet de Montserrat

The Sinclètica Monastic School gives you access
to the learning experience of our innovative
Master's Program in a weekend module

The lectures can be attended on-site at our
Monestir de Sant Benet de Montserrat (Catalonia)
or on-line: www.sincletica.cat



THE TOPIC FOR THE THEMATIC BLOCK IN JANUARY 2023 IS HUMILITY

- A team of eight international professors will be sharing **Eight Pearls** on HUMILITY from the perspective of Science, Literature, Politics, Bible, Fine Arts, Philosophy, Theology and Music. **Pearls** are scientific, literary, artistic or musical works, theological writings or biblical passages that the subjectivity of the professor finds particularly helpful or illuminating. **Monastic wisdom has always known that experience and knowledge cannot be separated.** A key element of our master's program is that the professors will share with the students not only their expertise on the subject, but also their personal link to it.

- The lectures can be attended on-site at our Monastery or on-line. Registering on-line gives access to the live streaming of the lectures and also to the edited videos for later viewing; during the streaming, on-line participants will be able to interact with the professors and with the on-site students via Zoom platform.

- The language is English. The videos of the lectures will be made accessible to all students during 30 days. Two weeks after the lectures, fully reviewed subtitles in English, Catalan and Spanish will be made available.

The fee is 100€; scholarships are available; don't hesitate to ask.

Interested please write to the Registrar's Office at:

registrar@sincletica.cat

www.sincletica.cat



HUMILITY *ART*

SINCLÈTICA MASTER'S DEGREE
KNOWLEDGE ART INTERIORITY

optional daily prayer with the monastic community:
6:25 matins / 7:45 or 8:00 lauds / 8:15 or 8:30 eucharist
18:45 or 19:00 vespers / 21:15 compline

FRIDAY 20

17:45 - 18:45 **SILENT MEDITATION / GREETING**

SATURDAY 21

10:15 - 12:35 **MUSICAL APPROACH**
Elements of traditional teaching in music practice.
VITTORIO GHIELMI (SALZBURG)

12:35 - 14:00 *Chi-kung exercises and lunch*

14:00 - 16:20 **LITERARY APPROACH**
'Those who live, live without glory', by Alfonso Gatto (1945).
BEATRICE SICA (LONDON)

16:20 - 18:40 **THEOLOGICAL APPROACH**
'The eye in which I see God (Sermon 12)', by Meister Eckhart (13th-14th century).
CHERYL WASCHENKO (CRESTONE, COLORADO, USA)

SUNDAY 22

10:15 - 12:35 **FINE ARTS APPROACH**
'Room for St. John of the Cross', by Bill Viola (1983).
ANNA WALKER (LONDON)

12:35 - 14:00 *Chi-kung exercises and lunch*

14:00 - 16:20 **BIBLICAL APPROACH**
Gn 22:1-19 and the Book of Esther.
DEBORAH WILLIGER (COLOGNE)

16:30 - 17:30 **PERSONAL WORK: MY PEARLS FROM THE WEEKEND**

17:30 - 18:30 **CLOSING DISCUSSION**
WITH GHIELMI / SICA / WALKER / WILLIGER



HUMILITY SCIENCE

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18:45 or 19:00 vespers / 21:15 compline

FRIDAY 20

17:45 - 18:45 **SILENT MEDITATION / GREETING**

SATURDAY 21

9:15 - 11:45 **SCIENTIFIC APPROACH**

The Helical Heart, by Francisco (Paco) Torrent-Guasp (1972).
TERESA FORCADES (MONTSERRAT)

11:45 - 13:00 *Chi-kung exercises and lunch*

13:00 - 15:30 **POLITICAL APPROACH**

Anthropocene and Collapse: Epistolae Familiares (IV,1), by Francesco Petrarca.
JORDI JARIA-MANZANO (TARRAGONA)

16:20 - 18:40 **THEOLOGICAL APPROACH**

'The eye in which I see God' (Sermon 12), by Meister Eckhart (13th-14th century).
CHERYL WASCHENKO (CRESTONE, COLORADO, USA)

SUNDAY 22

9:15 - 11:45 **PHILOSOPHICAL APPROACH**

'Chance', by Simone Weil (1947).
SILVIA RICHTER (FRANKFURT)

12:35 - 14:00 *Chi-kung exercises and lunch*

14:00 - 16:20 **BIBLICAL APPROACH**

Gn 22:1-19 and the Book of Esther.
DEBORAH WILLIGER (COLOGNE)

16:30 - 17:30 **PERSONAL WORK: MY PEARLS FROM THE WEEKEND**

17:30 - 18:30 **CLOSING DISCUSSION**

WITH FORCADES / JARIA / RICHTER / WILLIGER