

Anna Walker, PhD

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Contributing Researcher: Transtechnology Research Group, Plymouth University <http://www.trans-techresearch.net/>

Death-N-Stuff: <https://www.death-n-stuff.com/>

A.R.E. Research Group <https://areresearch.water.blog/>

<https://www.thecityartsdoctors.com/> <https://plymouth.academia.edu/AnnaWalker>

Brief Bio

Anna Walker, PhD, is an artist, writer, and researcher, who has exhibited her work nationally and internationally. She was awarded an MA in Fine Art from Southampton University in 1998, and a certificate in Psychotherapy from CBPC, Cambridge, in 2010. An interest in the effects of trauma on the body, developed during her work as a psychotherapist, led her to a PhD in Arts and Media at Plymouth University, which she completed in May 2017. Incorporating a multi-disciplinary approach, including sound, moving image, text and storytelling, she focuses on how the body responds to overwhelming and stressful situations reorganising itself to cope with and manage trauma, seeking solutions through her creative practice, workshops and collaboration.

Education

2012 - 2017	PhD: <i>'In and out of memory: exploring the tension between remembering and forgetting when recalling 9/11, a traumatic event.'</i> Arts and Media Research Department; Plymouth University
2012 - 2012	GTA Certificate of Professional Development, Learning and Teaching for General Teaching Associates
2008 - 2010	Continuing Professional Practice in Systems Centred Training and Trauma
2009 - 2010	OCN Reg. Form/Working in the CJS and OCN Reg. Form/Vulnerable Groups
2006 - 2009	Cambridge School of Body Psychotherapy, Training in Body Psychotherapy
2006 - 2007	Cambridge School of Body Psychotherapy, Certificates in Biodynamic Massage and Anatomy and Physiology.
2004 - 2007	CORE Evolution European Body Psychotherapy EABP Training
1994 - 1995	MA Fine Arts 2:1, Southampton University: Winchester, Barcelona, Spain
1985 - 1989	BA (Hons) Textiles and Fashion 2:1, University of the West of England

Exhibitions, Performances, Screenings et al.

'Match-Making'—a digital dialogue in collaboration with researcher Siobhan O'Neil, artist and researcher Pepa Ivanova, and artist Carol Laidler. Exhibition/performance and workshops to take place December 2022.

Walker, A., (2022) 'Becoming Bird, I: Spring.' Video and presentation, Unlikely Journal for Creative Arts, November 2022. <https://vimeo.com/703420435>

Walker, A., (2022) 'The 7 Wild Geese' Performance, October 2022, High Wycombe, Bucks, UK.

Performance and Screening: 'The Cailleach' and 'We are the granddaughters of those who didn't burn.' The Goddess Lounge. February 2nd, 2022.

Exhibition, 'We are the granddaughters of those who didn't burn.' 'After Progress', Goldsmiths University, September 2021. Link: <https://vimeo.com/589741306>

Performance, 'The Boy Who Could Speak the Language of the Birds, and Other Ecological Stories.' Kingston Upon Thames Storytelling Festival. August 2021.

Fellowship awarded by the British Council India and Folk Connect, leading to a performance/screening at the International Folk Log Festival, March 2021. 01.01.21-28.02.21.
<https://vimeo.com/manage/videos/517134631>

Exhibition, Digital Artist Residency, 01.09.20 – 31.12.20,
<https://www.digitalartistresidency.org/pomegranates/4/>

Performance, Macha, the Shapeshifting Goddess. *Taboo - Transgression - Transcendence in Art & Science*. TTT2020 Vienna/Online. November 26–28, 2020.

Performance, Macha's Body in Pain, NSU, Narrative and Violence. July 2020.

<https://vimeo.com/manage/videos/471871358>

Performance, The Harp of Dagda. The North London Traditional Storytelling Circle, London, February 2020.

Digital version: <https://vimeo.com/558937685/e44693b6dc>

Performance, Language of the Birds, Vasilisa the Beautiful. The Blue Lotus Foundation. London. December 2019.

Screening, 'In and out of memory: exploring the tension between remembering and forgetting'. The Blue Lotus Foundation. London. October 2019.

Exhibition and Screening, 'Ghost-Walk' and 'Ghost II' (2017), 'Remembering' (2017). *Trans-States: The Art of Revelation*, Northampton University, September 2019.

Screening, 'Breathe Wind into Me, Chapter 1', SVA, Stroud, UK, <https://www.sva.org.uk/>, September 20th, 2019

Exhibition, 'Water binds me to your name' (2017-2020). 'Empty Pro(e)mises' curated by Katerina Koskina from EMST (National Museum of Contemporary Art Athens) and Lanfranco Aceti. (2019/2020)

Exhibition and Screening, *Sound Within Bodies: 'Six Fragments (2017)'. RE:SOUND 2019* at Musikken Hus, Aalborg, Denmark, August 2019.

Screening, *Art's Practice as Research: 'Breathe Wind into Me, Chapter 1'. Cracking the Established Order—Practice Based Research in Academia*, De Montfort University, Leicester, UK, June 2019.

Screening, *Utilising the breath as an experiential tool to teach, learn and manage trauma. 'Breathe Wind into Me, Chapter 1'. REMEMBRANCE, TRAUMA TRANSMISSION AND EXPERIENTIAL LEARNING*. Turku University, Finland, May 2019.

Sound installation, 'For These are my Mountains': mixtape #IWD, Department of Creative Arts, Media and Music, Dundalk, Ireland. (7/ 8th March 2019).

Screening and presentation, 'Six Fragments', and 'Breathe Wind into Me: Chapter 1', INIVA, London, 21st February 2019.

Installation, 'Breathe Wind into Me': Chapter 1 and 2. Making Space at Fabrica Gallery, Brighton. January 14-18th 2019.

Screening, 'Six Fragments,' and 'Remembering.' PhD Research, final show. Jill Craigie Cinema, Plymouth University. May 2017.

Screening, 'Remembering.' Future Imperfect Symposium. Scott Building, Plymouth University. April 2017.

Screening, 'Walk II,' sound piece. *Voice and Identity: Touches, Textures, Timbres*. University of Winchester. January 2017.

Screening, 'Six Fragments,' (2014-2016), 'Remembering,' (2015-2016), *Work in Progress*: Jill Craigie Cinema, Plymouth University. June 2016

Screening, 'Falling', (2014) 'Ghost-walk,' (2015), *The Undivided Mind Symposium*, Jill Craigie Cinema, Plymouth University. July 2015

Sound installation, 'The Dead', (2015), locative sound artwork, *ARTIST ROOMS Gerhard Richter*: Plymouth Museum and Arts Gallery. Sept 2015

Screening, '9/11 Flashbacks,' (2014), *Journeys across media*, Reading University. April 2014

Exhibition, 'Memory that I am, yet that I also wait for...' (2012-2013), Plymouth Arts Centre, Nov 2013

Exhibition, 'Memory that I am, yet that I also wait for...' (2012-2013) Karst, Plymouth, Aug 2013

Published Papers/ Book Chapters

Walker, A., (2022) 'Becoming Bird, I: Spring.' *Unlikely Journal for Creative Arts*, November 2022.

Walker, A., (2020) 'When things fall apart, and the centre cannot hold.' To be published April 2022. *Trans-States: Art of Revelation, Monad: Journal of Transformative Practice*.

Walker, A., (2021) 'Macha's Body in Pain, a Story, a Performance.' To be published March 2022.

Walker, A., (2020) 'Making sense of violence in the digital age. The 'Affect' of the Digital.' To be published April 2022

Walker, A., (2020) 'The Canopic Jars: The Afterlife of Matter, A Work in Progress.' *The Learned Pig*.
<http://www.thelearnedpig.org/canopic-jars-the-afterlife-of-matter/7600>

Walker, A., (2020) 'Wings of Desire: Locating the self, amidst the complexities of bordered and borderless spaces.' *Gravity, Epistemology, and Representation: A Weightless Exploration*. September 2020.

Walker, A., (2020) 'Locating the Sound of Trauma Within' 2019 *Conference Proceedings. BCS eWic Journal on OpenScience*.

Walker, A., (2020) 'Breath Wind into Me, Chapter 1, A Work in Progress.' A multi-media presentation to explore how art itself activates and constitutes new forms of knowledge. *Creative Media Research, Issue 4, 2020*

Walker, A., (2020) 'A Critical Engagement with the haptic visual: making sense of trauma through touch and/or being touched.' *Writing Visual Culture Volume 9.0 Series Editor Writing Visual Culture, 2020*

Walker, A., (2020) 'Utilising the breath as an experiential tool to teach, learn and manage trauma.' *Engaging with Historical Traumas: Experiential Learning and Pedagogies of Resilience*. Ed: Nena Močnik, Hanna Meretoja, Ger Duijzings and Bonface Njeresia Beti. 2021, Routledge, London.

Walker, A., (2019), 'Memories of ideoplasticity: in defence of ectoplasm and other ideoplastic manifestations.' *Transtechnology Slow Conference: Revisiting ideoplasticity: contingency, action and imagination, 2018*, Plymouth University.

Walker, A., (2018), 'The body turned inside-out, upside-down and back to front. Using the body as a site of discussion to examine what is left after artistic research has eaten itself.' SAR: **ARTISTIC RESEARCH WILL EAT ITSELF**, "A kiss is the beginning of cannibalism." <https://www.researchcatalogue.net/view/512748/512749>

Walker, A., (2017) 'In and out of memory: exploring the tension between remembering and forgetting when recalling 9/11, a traumatic event.'

PhD thesis: Arts and Media Research Department; Plymouth University
<https://pearl.plymouth.ac.uk/handle/10026.1/9692>

Walker, A., (2017) Arthur Balfour's Ghosts: An Edwardian Elite and the Riddle of Cross-Correspondence Automatic Writings by Trevor Hamilton. *Leonardo Reviews* [online] February. Book Review. Available at <https://www.leonardo.info/review/2018/02/review-of-arthur-balfours-ghosts-an-edwardian-elite-and-the-riddle-of-cross>

Walker, A., (2015) 'The Body In Between, the dissociative experience of trauma.' *Technoetic Arts*, Volume 13, Number 3, December 2015, pp. 315-322(8)
<http://www.ingentaconnect.com/content/intellect/ta/2015/00000013/00000003>

Walker, A., (2015) 'In and out of memory: exploring the tension when remembering a traumatic event.' *Journal for Artistic Research, (JAR)*, September, 2015

<http://www.researchcatalogue.net/view/99519/99520>

Walker, A., (2014) 'The Trauma of the Flashback: Memory and its Suffering Negotiated Through 'September', a Painting by Gerhard Richter.' *PsyArt*, Oct 14, 2014

<http://psyartjournal.com/article/show/walker-the-trauma-of-the-flashback-memory-and-i>

Walker, A., (2013), 'Falling (1)' Volume 12, *Body Space and Technology*, (BST), 2013

<http://people.brunel.ac.uk/bst/vol12/>

Conference Presentations

Walker, A., (2022) 'Intimate entanglements: breathing, listening and touching.' *Futures of Care: Relationality and Responsibility in more than Human Worlds*. Thackery Museum of Medicine, Leeds University, April 8th 2022.

Walker, A., (2021) 'Stuhl mit Fett/ Fat with Chair, 1963-1985, by Joseph Beuys. A discussion, with images.' *Humankind and Fat, Attraction, Repulsion, Health and Politics*. October 28-29th, 2021. <https://www.umft.ro/wp-content/uploads/2021/05/Corpus-12-programme.pdf>

Walker, A., (2021) 'Revisiting PhD research, In and Out of Memory: Exploring the Tension Between Remembering and Forgetting When Recalling 9/11, a Traumatic Event.' *MEMORY, TRAUMA AND RECOVERY. International Interdisciplinary Conference*. September 16-17th, 2021. Gdansk, Poland.

Walker, A., (2021) 'Whose story is it anyway? A discussion about the trauma of cultural appropriation.' A paper and discussion. *Narrating Violence: Making Race, Making Difference*. March 2021.

Walker, A., (2020) 'Macha's Body in Pain,' a story, paper and discussion. NSU, *Written on the Body: Narrative (Re)-constructions of Violence*. July 2020.

Walker, A., (2020) 'Making sense of violence in the digital age. The 'Affect' of the Digital.' Gdansk, Poland. February 2020.

Walker, A., (2020) 'Regarding the moral injuries of Drone Warfare. A complex interplay of embodied and disembodied betrayal, seen through Elaine Scarry's 'The Body in Pain' (1985), and *Haptic Visuality*.' February 7-8th, 2020.

Walker, A., (2019) 'Breathe Wind into Me, Chapter 1' Talk and Screening, SVA, Stroud, UK, <https://www.sva.org.uk/>, September 20th, 2019

Walker, A., (2019) When things fall apart and the centre cannot hold. *Trans-States: The art of revelation*. University of Northampton, 13-14th September 2019.

Walker, A., (2019) *Sound Within Bodies: Locating the Sound of Trauma Within Me. RE:SOUND 2019* at Aalborg University, Denmark, August 2019.

Walker, A., (2019) The haptic visual: making sense of the world through touch or being touched. *Artists and the Philosophers We Love*. University of Hertfordshire, UK, June 2019.

Walker, A., (2019) Art's Practice as Research—A Methodology for 'Breathe Wind into Me, Chapter 1'. *Cracking the Established Order—Practice Based Research in Academia*, De Montfort University, Leicester, UK, June 2019.

Walker, A., (2019) Utilising the breath as an experiential tool to teach, learn and manage trauma. *REMEMBRANCE, TRAUMA TRANSMISSION AND EXPERIENTIAL LEARNING*. Turku University, Finland, May 2019.

Walker, A., (2019) An examination of gravity beginning with Wings of Desire, an audio-visual essay. *Gravity, Epistemology, and Representation: A Weightless Exploration*, Plymouth University, May 2019.

Walker, A., (2019) More than a word, a discussion of the performative gestures of an online English teacher/artist. Conference Paper and film presentation. *Creative Multilingualism, Performing Languages*. Birmingham University 1-2nd February 2019.

Walker, A., (2018) A discussion of what it means to voice a traumatic experience and how does the Cinematic contribute to an affective understanding of a traumatic memory. Conference Paper. *Creative Image: Ways of Seeing, Representing and Reshaping Reality, 1st International Residency Conference*. Manchester University. September 21st-27th 2018.

Walker, A., (2018) Shame and its consequences: mapping shame through the body after a traumatic rupture. *Performance Trauma and Victimhood Conference*. IAS, Common Ground, University College London. June 18th 2018.

Walker, A., (2018) The body turned inside-out, upside-down and back to front. Using the body as a site of discussion to examine what is left after artistic research has eaten itself. SAR: Artistic Research Will Eat Itself, "A kiss is the beginning of cannibalism." Plymouth University. April 11th – 13th 2018.

Walker A., (2018) Memories of Ideoplasticity: in defence of ectoplasm and other ideoplastic manifestations.' *Transtechnology Slow Conference: Revisiting ideoplasticity: contingency, action and imagination*. Plymouth University. April 18th 2018.

Walker, A., (2017) An autoethnographic discussion of what it means to voice a traumatic experience that challenges the boundaries of subjective representation, and how the *Cinematic* can contribute to an affective understanding of traumatic memory. *Future Imperfect Symposium*, Plymouth University. April 1st 2017.

Walker, A., (2017) An autoethnographic exploration of what it means to voice a traumatic experience that challenges the boundaries of subjective representation. Conference Paper. *Voice and Identity: Touches, Textures, Timbres' Symposium*, University of Winchester. January 28th 2017.

Walker, A., (2015) The Body In Between, the dissociative experience of trauma. *The Undivided Mind*, Jill Craigie Cinema, Plymouth University.

Walker, A., (2015) 'In and out of memory: exploring the tension between remembering and forgetting when recalling 9/11, a traumatic event. A discussion of the methodology and early stages of research.' Transart residency, Berlin.

Walker, A., (2014) 'The trauma of the flashback: memory and its suffering.' *Journeys Across Media*, Reading University.

Workshops, Invited Talks and Symposia

Walker, A., Park, B., & J.T. *The Dreamer Awakes: Story, Music and Technology*. Workshop: Sept. 24th, 2022

Walker, A., *Something New About Death*. Digital workshop: May 23rd, 2022.

Walker, A., *Listening Through Objects*. Digital workshop: May 4th, 2022.

Walker, A., *Wellbeing and self-care in these times*. Digital workshop. February 2021.

Walker, A., *Making sense of violence in the digital age*. Workshop. Gdansk, Poland. February 2020.

Walker, A., *Archetypal Constellations, a workshop for the future*. London. September 2019.

Walker, A., (2019) Utilising the breath as an experiential tool to teach, learn and manage trauma. *REMEMBRANCE, TRAUMA TRANSMISSION AND EXPERIENTIAL LEARNING*. Turku University, Finland, May 2019.

Walker, A., (2019) When artists get it 'wrong'. The repercussions of crossing a line: vitriol, shame and trauma. INIVA, Stuart Hall Library, London. February 21st 2019.

Walker, A., (2018) *The Traumatic Pathways of Immigration. IMPACT18 - MATTER IN MOVEMENT*. Essen, Germany November 7th - 11th, 2018.

Walker, A., (2018) *We Need to Talk About Windrush: Panel Discussion* Anita Sethi, Anna Walker and Stephen Bourne explore the impact and the mythologies of the *Empire Windrush's* arrival at Tilbury and its legacy as a

key moment in migration history. *London is the Place for Me – A weekend festival of Caribbean literature and liming*. British Library, London. September 2018.

Walker, A., (2015) 'In and out of memory: exploring the tension between remembering and forgetting when recalling 9/11, a traumatic event. A discussion of the methodology and early stages of research.' Transart residency, Berlin.