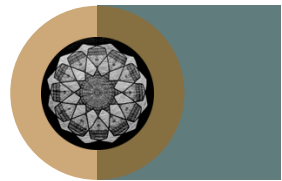




SINCLÈTICA MASTER'S DEGREE
KNOWLEDGE ART INTERIORITY

SOLITUDE



June 17-19, 2022

Program Coordinator:
Sr. Teresa Forcades, OSB
Monestir de Sant Benet de Montserrat

The Sinclètica Monastic School gives you access
to the learning experience of our innovative
Master's Program in a weekend module

Monestir de Sant Benet de Montserrat (Catalonia)
or on-line: www.sincletica.cat



THE TOPIC FOR THE THEMATIC BLOCK IN JUNE 2022 IS SOLITUDE

-A team of five international professors will be sharing Five Pearls on SOLITUDE from the perspective of Literature, Bible, Fine Arts, Theology and Music. Pearls are literary, artistic or musical works, theological writings or biblical passages that the subjectivity of the professor finds particularly helpful or illuminating; monastic wisdom has always known that experience and knowledge cannot be separated; a key element of our master's program is that the professors will share with the students not only their expertise on the subject, but also their personal link to it.

- The lectures can be attended on-site at our Monastery or on-line. Registering on-line gives access to the live streaming of the lectures and also to the edited videos for later viewing; during the streaming, on-line participants will be able to interact with the professors and with the on-site students via Zoom platform.

- The language is English. The videos of the lectures will be made accessible to all students during 30 days, starting on the day of the lectures. Two weeks after the lectures, fully reviewed subtitles in English, Catalan and Spanish will be made available.

The fee is 100€; scholarships are available; don't hesitate to ask.

Interested please write to the Registrar's Office at:

registrar@sincletica.cat

www.sincletica.cat



SOLITUDE

SINCLÈTICA MASTER'S DEGREE

optional daily prayer with the monastic community:
6:25 matins / 7:45 or 8:00 lauds / 8:15 or 8:30 eucharist
18:45 or 19:00 vespers / 21:15 compline

FRIDAY 17

17:45 - 18:45 **SILENT MEDITATION / GREETING**

SATURDAY 18

10:15 - 12:35 **LITERARY APPROACH**

Confronting Power: Antigone, by Sophocles (5th century BCE).
NEUS FORCANO & TERESA GUILLEUMES (BARCELONA)

12:35 - 14:00 *Chi-kung exercises and lunch*

14:00 - 16:20 **THEOLOGICAL APPROACH**

Monastic Solitude: The Sayings of Amma Sinclètica (4th century CE).
TERESA FORCADES (MONTSERRAT)

16:20 - 18:40 **MUSICAL APPROACH**

'The Sound of Solitude': Beethoven's Allegretto (Symphony No. 7, 1812) & and Chopin's Finale (Sonata No. 2, 1840).

JOSEP MARIA GREGORI (VILASSAR DE MAR)

SUNDAY 19

10:15 - 12:35 **BIBLICAL APPROACH**

The Solitude of King David: The Book of Psalms (10th-5th century BCE).
HORA ABOAV (ROME)

12:35 - 14:00 *Chi-kung exercises and lunch*

14:00 - 16:20 **FINE ARTS APPROACH**

Saint Francis in Meditation, Francisco de Zurbarán (1646).
ANNA POU VAN DEN BOSSCHE (BARCELONA)

16:30 - 18:30 GRADUATION CEREMONY

18:30 - 20:00 **END OF THE ACADEMIC YEAR CELEBRATION**