



SINCLÈTICA  
SPRING/AUTUMN LECTURES 2021  
*ART & SCIENCE*

# FEAR

*September 3-5, 2021*

Program Coordinator:  
Sr. Teresa Forcades, OSB  
Monestir de Sant Benet de Montserrat

The Sinclètica Autumn Lectures give you access  
to the learning experience of our innovative  
Master's Program in a weekend module

The lectures can be attended on-site at our  
Monestir de Sant Benet de Montserrat (Catalonia)  
or on-line: [www.sincletica.cat](http://www.sincletica.cat)



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# THE TOPIC OF THE SINCLÈTICA AUTUMN LECTURES 2021 IS FEAR

- A team of eight international professors will be sharing **Eight Pearls** on FEAR from the perspective of Science, Literature, Politics, Bible, Fine Arts, Philosophy, Theology and Music. **Pearls** are scientific, literary, artistic or musical works, theological writings or biblical passages that the subjectivity of the professor finds particularly helpful or illuminating. **Monastic wisdom has always known that experience and knowledge cannot be separated.** A key element of our master's program is that the professors will share with the students not only their expertise on the subject, but also their personal link to it.
- The lectures can be attended on-site at our Monastery or on-line. Registering on-line gives access to the live streaming of the lectures and also to the edited videos for later viewing; during the streaming, on-line participants will be able to interact with the professors and with the on-site students via Zoom platform.
- The language is English. The videos of the lectures will be made accessible to all students during 30 days, starting on the day of the lectures. Two weeks after the lectures, fully reviewed subtitles in English, Catalan and Spanish will be made available.

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The fee is 150€; scholarships are available; don't hesitate to ask.

Interested please write to the Registrar's Office at:

[registrar@sincletica.cat](mailto:registrar@sincletica.cat)

[www.sincletica.cat](http://www.sincletica.cat)

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# FEAR ART

SINCLÈTICA AUTUMN LECTURES 2021

*optional daily prayer with the monastic community:  
6:25 matins / 7:45 or 8:00 lauds / 8:15 or 8:30 eucharist  
18:45 or 19:00 vespers / 21:15 compline*

## FRIDAY 3

17:45 - 18:45 **SILENT MEDITATION / GREETING**

## SATURDAY 4

10:15 - 12:35 **LITERARY APPROACH**

*The journey of fear: The Buddha in the Attic, by Julie Otsuka.*

CRISTINA GUARNIERI (ROME)

12:35 - 14:00 *Chi-kung exercises and lunch*

14:00 - 16:20 **MUSICAL APPROACH**

*Fear of the Sublime. Terror and the sacred: Requiem, by Alfred Schnittke.*

EMILI BRUGALLA (BARCELONA)

16:20 - 18:40 **BIBLE APPROACH**

*Fearing (and loving) God: Deuteronomy 10,12-22.*

KATHARINA PYSCHNY (BERLIN)

## SUNDAY 5

10:15 - 12:35 **FINE ARTS APPROACH**

*Fearing time and death: Saturn devouring his children, by Goya.*

ANNA POU VAN DEN BOSSCHE (BARCELONA)

12:35 - 14:00 *Chi-kung exercises and lunch*

14:00 - 16:20 **THEOLOGICAL APPROACH**

*But he saith unto them: It is I; be not afraid! (John 6,20)*

TERESA FORCADES I VILA (MONTSERRAT)

16:30 - 17:30 **PERSONAL WORK: MY PEARLS FROM THE WEEKEND**

17:30 - 18:30 **CLOSING DISCUSSION**

WITH POU / GUARNIERI / FORCADES / BRUGALLA



# FEAR SCIENCE

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*optional daily prayer with the monastic community:  
6:25 matins / 7:45 or 8:00 lauds / 8:15 or 8:30 eucharist  
18:45 or 19:00 vespers / 21:15 compline*

## FRIDAY 3

17:45 - 18:45 **SILENT MEDITATION / GREETING**

## SATURDAY 4

9:15 - 11:45 **SCIENCE APPROACH**

*Freezing with fear: the functional connectivity of the amygdala*

TERESA FORCADES I VILA (MONTSERRAT)

11:45 - 13:00 *Chi-kung exercises and lunch*

13:00 - 15:30 **POLITICAL APPROACH**

*Enforced disappearance and female genocide in Mexico*

CITLALIN ULLOA (MEXICO CITY)

16:20 - 18:40 **BIBLICAL APPROACH**

*Fearing (and loving) God: Deuteronomy 10,12-22.*

KATHARINA PYSCHNY (BERLIN)

## SUNDAY 5

9:15 - 11:45 **PHILOSOPHICAL APPROACH**

*Fear of Death: Letter to Menoeceus, by Epicurus.*

LOURDES ESTRADA (BARCELONA)

12:35 - 14:00 *Chi-kung exercises and lunch*

14:00 - 16:20 **THEOLOGICAL APPROACH**

*But he saith unto them: It is I; be not afraid! (John 6,20)*

TERESA FORCADES I VILA (MONTSERRAT)

16:30 - 17:30 **PERSONAL WORK: MY PEARLS FROM THE WEEKEND**

17:30 - 18:30 **CLOSING DISCUSSION**

WITH ULLOA / FORCADES / ESTRADA