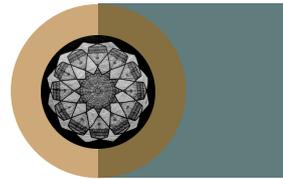




SINCLÈTICA MASTER'S DEGREE  
KNOWLEDGE ART INTERIORITY

# PRAYER



*January 21-23, 2022*

Program Coordinator:  
Sr. Teresa Forcades, OSB  
Monestir de Sant Benet de Montserrat

The Sinclètica Monastic School gives you access  
to the learning experience of our innovative  
Master's Program in a weekend module

Monestir de Sant Benet de Montserrat (Catalonia)  
or on-line: [www.sincletica.cat](http://www.sincletica.cat)



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# THE TOPIC FOR THE THEMATIC BLOCK IN JANUARY 2022 IS PRAYER

-A team of five international professors will be sharing Five Pearls on PRAYER from the perspective of Literature, Bible, Fine Arts, Theology and Music. Pearls are literary, artistic or musical works, theological writings or biblical passages that the subjectivity of the professor finds particularly helpful or illuminating; monastic wisdom has always known that experience and knowledge cannot be separated; a key element of our master's program is that the professors will share with the students not only their expertise on the subject, but also their personal link to it.

- The lectures can be attended on-site at our Monastery or on-line. Registering on-line gives access to the live streaming of the lectures and also to the edited videos for later viewing; during the streaming, on-line participants will be able to interact with the professors and with the on-site students via Zoom platform.

- The language is English. The videos of the lectures will be made accessible to all students during 30 days, starting on the day of the lectures. Two weeks after the lectures, fully reviewed subtitles in English, Catalan and Spanish will be made available.

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The fee is 100€; scholarships are available; don't hesitate to ask.

Interested please write to the Registrar's Office at:

[registrar@sincletica.cat](mailto:registrar@sincletica.cat)

[www.sincletica.cat](http://www.sincletica.cat)

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# PRAYER

## SINCLÈTICA MASTER'S DEGREE

*optional daily prayer with the monastic community:  
6:25 matins / 7:45 or 8:00 lauds / 8:15 or 8:30 eucharist  
18:45 or 19:00 vespers / 21:15 compline*

### FRIDAY 21

17:45 - 18:45 **SILENT MEDITATION / GREETING**

### SATURDAY 22

10:15 - 12:35 **FINE ARTS APPROACH**  
*'La Pregària' (Prayer), by Josep Llimona (1903).*  
NATÀLIA ESQUINAS (BARCELONA)

12:35 - 14:00 *Chi-kung exercises and lunch*

14:00 - 16:00 **THEOLOGICAL APPROACH**  
*'Come, come whoever you are', by Rumi (13th century).*  
FARAH ZEB (LONDON)

16:20 - 18:40 **LITERARY APPROACH**  
*From 'Mysticism for beginners' to 'Glass of Milk': Zagajewsky and Torner (20th century).*  
CARLES TORNER (BARCELONA)

### SUNDAY 23

10:15 - 12:35 **BIBLICAL APPROACH**  
*The Historical Jesus and the Our Father (Mt 6: 9-13; Lk 11: 2-4).*  
SILKE PETERSEN (HAMBURG)

12:35 - 14:00 *Chi-kung exercises and lunch*

14:00 - 16:20 **MUSICAL APPROACH**  
*'Souffle ta bougie': the dark path of light (2016).*  
BERNAT VIVANCOS (BARCELONA)

16:30 - 17:30 PERSONAL WORK: MY PEARLS FROM THE WEEKEND

17:30 - 18:30 **CLOSING DISCUSSION**  
WITH TORNER / ZEB / PETERSEN / VIVANCOS