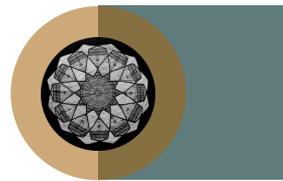




SINCLÈTICA MASTER'S DEGREE
KNOWLEDGE ART INTERIORITY

KNOW THYSELF

October 23-25, 2020



Program Coordinator:
Sr. Teresa Forcades, OSB
Monestir de Sant Benet de Montserrat

The Sinclètica Monastic School gives you access
to the learning experience of our innovative
Master's Program in a weekend module

Monestir de Sant Benet de Montserrat (Catalonia)
or on-line: www.sincletica.cat



THE TOPIC FOR THE THEMATIC BLOCK IN OCTOBER 2020 IS KNOW THYSELF

- A team of five international professors will be sharing **Five Pearls** on KNOW THYSELF from the perspective of Literature, Bible, Fine Arts, Theology and Music. **Pearls** are literary, artistic or musical works, theological writings or biblical passages that the subjectivity of the professor finds particularly helpful or illuminating; **monastic wisdom has always known that experience and knowledge cannot be separated**; a key element of our master's program is that the professors will share with the students not only their expertise on the subject, but also their personal link to it.

- The classes can be attended on-line. Registering on-line gives access to the live streaming of the classes and also to the stored videos for later viewing; during the streaming, on-line participants will be able to interact with the professors and with the on-site students via Zoom platform.

- The language is English. The videos will be automatically subtitled in English and a week later in Catalan and Spanish. The videos will be available to all students during 30 days.

The fee is 100€; scholarships are available; don't hesitate to ask.

Interested please write to the Registrar's Office at:

registrar@sincletica.cat

www.sincletica.cat



KNOW THYSELF

SINCLÈTICA MASTER'S DEGREE
KNOWLEDGE ART INTERIORITY

FRIDAY 23

18:00 - 18:45 45' SILENT MEDITATION
19:30 - 21:00 SEMINAR: SHARING YOUR INSIGHTS

SATURDAY 24

optional prayer with the monastic community

9:15 - 12:00 **LITERARY APPROACH**
Dante's paradise: from feminine grace to divine grace
CRISTINA GUARNIERI (ROME)

12:15 - 12:45 CHI-KUNG EXERCISES
13:00 *lunch*

14:30 - 17:15 **THEOLOGICAL APPROACH**
Then which of the favours of your Lord will ye deny? (Q55:13)
FARAH ZEB (LONDON)

17:30 - 18:15 45' SILENT MEDITATION

18:15 - 21:00 **FINE ARTS APPROACH**
Free Men (2018): Sitting in prison on death row (Kenneth Reams)
CRISTINA ZERR (VIENNA)

SUNDAY 25

optional prayer with the monastic community

10:00 - 12:45 **BIBLICAL APPROACH**
Adam, don't master but "sheep" the earth (Gn 1:1-2:3, Ps 92)
DEBORAH WILLIGER (COLOGNE)

13:00 - 13:20 CHI-KUNG EXERCISES
13:30 *lunch*

15:00 - 17:45 **MUSICAL APPROACH**
Alleluia. Hodie in Bethlehem puer natus es (4th century)
LAURA DE CASTELLET (ST.JUST D'ARDÈVOL)

17:45 - 18:45 CLOSING DISCUSSION
WITH GUARNIERI / ZEB / ZERR / WILLIGER / DE CASTELLET
optional prayer with the monastic community