

**Name**

Hora Aboav

**Perspective**

Biblical

**Thematic Blocks**

KNOW THYSELF, SILENCE, FULFILMENT |  
SUFFERING, JOY, SOLITUDE

Graduate in Psychology from La Sapienza University (Rome)

Psychologist and psychotherapist

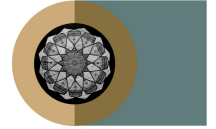
Professor of Biblical Hebrew at the Jewish Cultural Center (Rome)

**SHORT BIOGRAPHY**

From 1971 to 1976 Aboav lived in a kibbutz in the Negev. For several years she taught Hebrew to primary school children. She is a so-called *Candela del Ricordo* (a second generation witness) in Italian schools. This means that she was chosen to be the person who tells the Shoah (Holocaust) to the new generations in order to preserve its memory. She explains to the children the story of her family and of the deportation of her family members to concentration camps.

**EDUCATIONAL TITLES**

- 1967            Habilitation as Teacher
- 1968            Habilitation as Hebrew Teacher for Elementary School (8 years)
- 1982            Habilitation as Hebrew Teacher for Middle and High School (2 years)
- 1991            Integration of the Habilitation as Teacher (1 year)
- 2005            Degree in Psychology. Specialty in Clinical and Community Psychology.  
La Sapienza University (Rome)
- 2014            Specialization in Psychotherapy according to the scientific - cultural  
model of the Self - Bioenergetic analysis



## STUDY EXPERIENCES

- 1967-68 Jerusalem. School of Jewish Studies. Teacher's Seminary
- 1971 Tiv'On. Kibbutzim Seminary. Experiential courses on child drawing
- 1976-79 Jerusalem. Ulpan for linguistic-literary deepening
- 1996-98 Courses in Pedagogy and Modern/Contemporary Philosophy at the faculty of Philosophy at La Sapienza University (Rome)
- 1995-99 Training in Psychosynthesis

## LIFE EXPERIENCE

- 1968-71 Active member of the Italian Jewish Scout Movement
- 1971-76 Experience of collective life in a kibbutz in the Negev
- 2001-20 Second generation witness as "candle of remembrance" in Italian schools at all school levels. Active participation in the Project Memoria

## WORK EXPERIENCE

- 1963-71 Teacher in the Jewish primary school Vittorio Polacco (Rome)
- 1976-96 Teacher in the Jewish primary school Vittorio Polacco (Rome)
- 1996-99 Teacher of Didactics at the David Almagià Seminary (Rome)
- 1997-2020 Biblical Hebrew teacher for groups of adults in an inter-religious space at the Jewish Cultural Center (Rome)
- 2008-14 Psychologist
- 2014-20 Psychotherapist