



SINCLÈTICA SPRING/AUTUMN
LECTURES 2020

THE BODY

September 4-6, 2020

Program Coordinator:
Sr. Teresa Forcades, OSB
Monestir de Sant Benet de Montserrat

The Sinclètica Spring Lectures give you access
to the learning experience of our innovative
Master's Program in a weekend module

The classes can be attended on-site at our
Monestir de Sant Benet de Montserrat (Catalonia) or on-line.
www.sincletica.cat



THE TOPIC OF THE SINCLÈTICA SPRING/AUTUMN LECTURES 2020 WILL BE THE BODY

- A team of five international professors will be sharing **Five Pearls** on the **BODY** from the perspective of Literature, Bible, Fine Arts, Theology and Music. **Pearls** are literary, artistic or musical works, theological writings or biblical passages that the subjectivity of the professor finds particularly helpful or illuminating; **monastic wisdom has always known that experience and knowledge cannot be separated**; a key element of our master's program is that the professors will share with the students not only their expertise on the subject, but also their personal link to it.
- The classes can be attended on-site at our Monastery or on-line. Registering on-line gives access to the live streaming of the classes and also to the stored videos for later viewing; during the streaming, on-line participants will be able to interact with the professors and with the on-site students via Zoom platform.
- The language is English. The videos will be automatically subtitled in English and a week later in Catalan and Spanish. The videos will be available to all students during 30 days.

The fee is 100€; scholarships are available; don't hesitate to ask.

All interested, please write to Sr. Teresa Forcades at:

secretariaTFV@monestirsantbenetmontserrat.cat

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FRIDAY 4 *(the program on Friday is optional)*

- 18:00 - 18:45 45' SILENT MEDITATION
WITH A BRIEF INTRODUCTION / CONCLUSION
optional prayer with the monastic community
- 19:30 - 21:00 INTRODUCTION TO THE MASTER'S PROGRAM SINCLÈTICA

SATURDAY 5

optional prayer with the monastic community

- 9:15 - 12:00 **LITERARY APPROACH |** *Schöneberg (a poem by Marta Pessarrodona)*
MARTA PESSARRODONA (ST. CUGAT DEL VALLÈS)
- 12:15 - 12:45 CHI-KUNG EXERCISES (OPTIONAL)
- 13:00 LUNCH
- 14:30 - 17:15 **BIBLICAL APPROACH |** *Jesus' Body in the Gospel of John*
SILKE PETERSEN (HAMBURG)
- 17:30 - 18:15 45' SILENT MEDITATION
- 18:15 - 21:00 **FINE ARTS APPROACH |** *Judy Chicago. The Dinner Party*
ANNA POU VAN DEN BOSSCHE (BARCELONA)

SUNDAY 6

optional prayer with the monastic community

- 10:00 - 12:45 **THEOLOGICAL APPROACH |**
The body of God according to Gertrud of Helfta and Teresa of Avila
TERESA FORCADES I VILA (MONTSERRAT)
- 13:00 - 13:20 CHI-KUNG EXERCISES (OPTIONAL)
- 13:30 LUNCH
- 15:00 - 17:45 **MUSICAL APPROACH |**
Ravel's Bolero (1928): a mystical dance hidden under a sensual ballet
JOSEP MARIA GREGORI I CIFRÉ (VILASSAR DE MAR)
- 17:45 - 18:45 CLOSING DISCUSSION
WITH GREGORI / PETERSEN / POU / FORCADES / PESSARRODONA
optional prayer with the monastic community

